CANMORE 2021 WORLD PARA NORDIC SKIING WORLD CUP Dec. 4-12 / DU 4 AU 12 DÉCEMBRE 2021 · CANMORE NORDIC CENTRE PROVINCIAL PARK







Team Captains Meeting

December 04, 2021







Alberta











AGENDA

Roll Call Introduction of the OC and Jury **Event program** Weather Entries and start list Stadium Courses **Course Preparation and Grooming** Ski Testing and Ski Warmup Times and courses for training **Sprint Courses** Information from the TD Information from the OC

















ROLL CALL

CAN	KOR	SWE
FRA	NOR	USA
GBR	MNG	
GER	POL	
ITA	RUS	
JPN	SUI	

















INTRODUCTION OF THE OC and JURY

Organizing Committee (OC):

Director of Competition: Manager of Timing: Manager of Course: Manager of Stadium: Race Secretariat: Tom Holland Kelly Bogle Tom Marr-Laing & Francine Gobell Lisa Marr-Laing & Patrick Fradette Allison Stephen & Diana Kalef

Jury:

TD: National TD Assistant: Director of Competition: Len Apedaile Dan Brisbin Tom Holland

















EVENT PROGRAM DECEMBER 5

800	1500	Race Office Open
800	945	Bib Pickup - outside Race Office
830	1530	Medical Team on site
845	955	Sit Ski course open for training
955	1525	First Aid on course, Doctor on site
955		Course Closed for Competition
1000		CROSS-COUNTRY SKIING MEN'S 10.0 KM, SITTING
1030		CROSS-COUNTRY SKIING WOMEN'S 7.5 KM, SITTING
1106	1111	Course Closed for change over: Sit Ski to Standing
1111	1200	Standing Course/VI open for training
1141		Awards Ceremony in order of competition
1200		Course Closed for Competition
1205		CROSS-COUNTRY SKIING MEN'S 12.5 KM FREE, STANDING
1300		CROSS-COUNTRY SKIING MEN'S 12.5 KM FREE, VISUALLY IMPAIRED
1355		CROSS-COUNTRY SKIING WOMEN'S 10.0 KM FREE, STANDING
1440		CROSS-COUNTRY SKIING WOMEN'S 10.0 KM FREE, VISUALLY IMPAIRED
1530		Course Closed
1555		Awards Ceremony in order of competition















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WEATHER FORECAST

<u>Sat</u> <u>4 Dec</u>	Sun 5 Dec	Mon 6 Dec	Tue 7 Dec	Wed 8 Dec	Thu 9 Dec	Fri 10 Dec
*** -5°C	-10°C	-8°C	-6°C	-2°C	-6°C	-5°C
Snow	Flurries	Sunny	A mix of sun and cloud	A mix of sun and cloud	A mix of sun and cloud	A mix of sun and cloud
Tonight	Night	Night	Night	Night	Night	
-14°C	-17°C	-18°C	-11°C	-9°C 30%	↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓<	
Periods of snow	Clear	Clear	Cloudy periods	Chance of flurries	Cloudy periods	

▼ Forecast issued: 11:00 AM MST Saturday 4 December 2021

<u>Today</u>	Snow ending this afternoon then mainly cloudy with 30 percent chance of flurries. Amount 2 to 4 cm. Wind west 20 km/h gusting to 40. High minus 5. Wind chill minus 19 this morning and minus 12 this afternoon.
Tonight	Mainly cloudy with 30 percent chance of flurries this evening. Periods of snow beginning late this evening. Wind west 20 km/h gusting to 40 becoming light late this evening. Low minus 14. Wind chill minus 14 this evening.
Sun, 5 Dec	Flurries ending in the afternoon then clearing. Wind up to 15 km/h. High minus 10. Wind chill minus 20 in the morning and minus 15 in the afternoon.

Canmore, AB - 7 Day Forecast - Environment Canada (weather.gc.ca)

















ENTRIES AND STARTLISTS

Checking of Entries

Verification of Start list











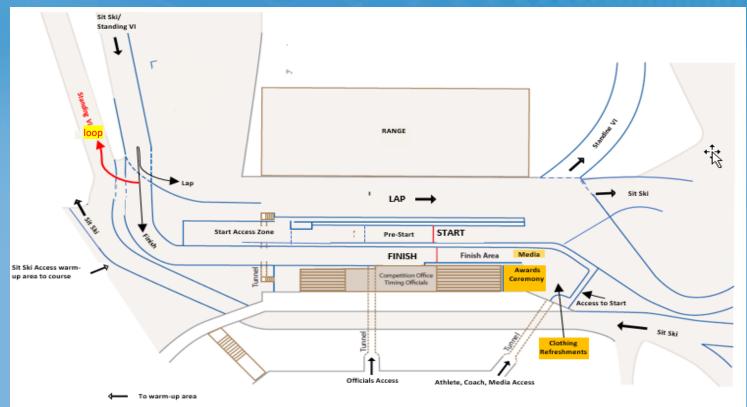




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STADIUM











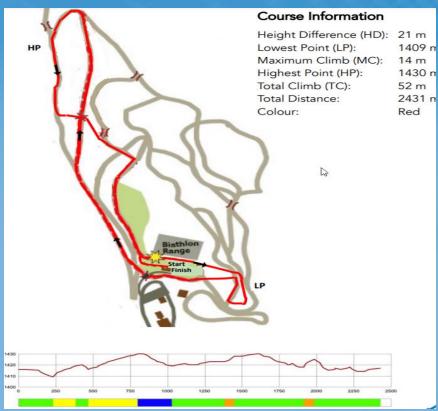








COURSE – 2.5 KM SIT SKI











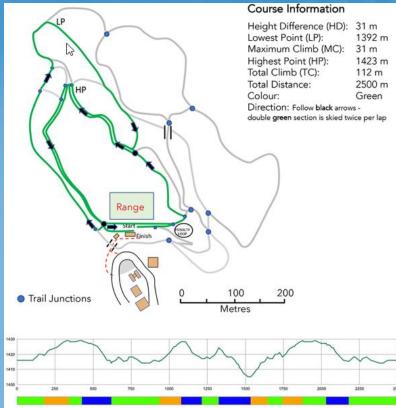








COURSE – 2.5 KM STANDING COURSE



















COURSE PREPARATION AND GROOMING

Track setting

- Sit Ski course two tracks, best line except for common sections with standing/VI course
- Standing Course will have one track on right hand side except big downhill and junctions

Schedule for Grooming











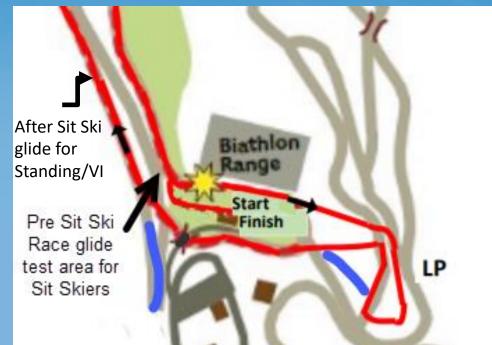






SKI TESTING

Two tracks will be added













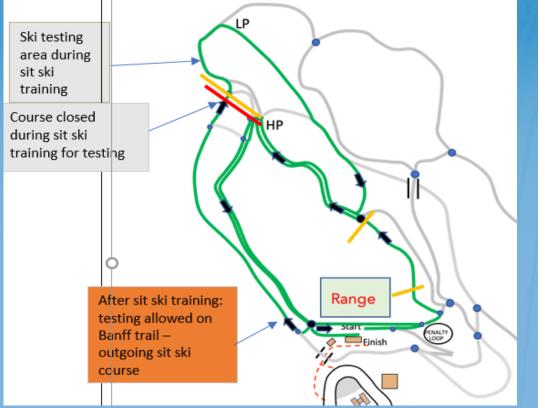








Standing/VI SKI TESTING Before/During Sit Ski























SKI WARMUP



















TIMES AND COURSES FOR TRAINING December 6

800	1500	Race Office Open
900	1400	Medical Team on site, First Aid on Course
900	1130	Official Training: CC Sprint C Sit Ski
1130	1400	Official Training: CC Sprint C VI/Standing
1400	1600	Unofficial Training: Range CC Sprint CT Sitting/Standing
1630	1715	Team Captain's Meeting (Online)









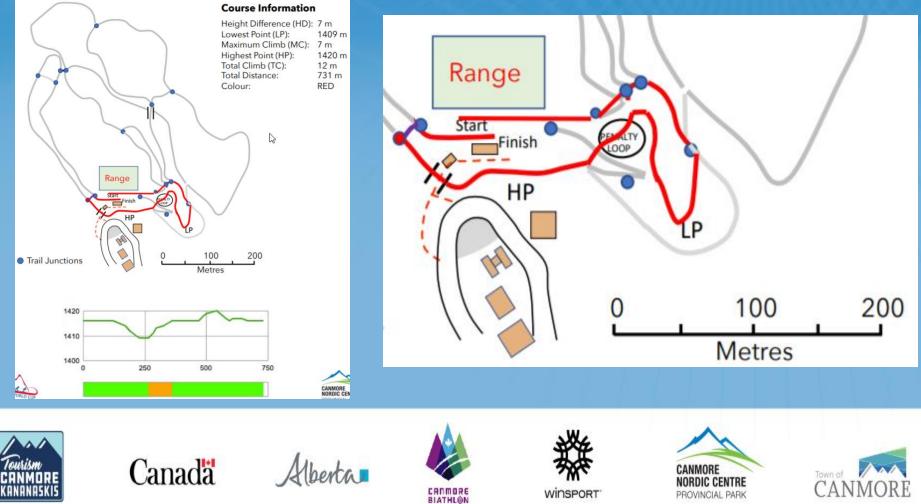








.75 KM SIT SKI SPRINT COURSE

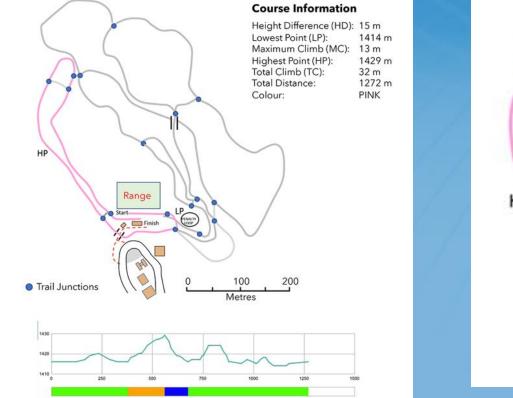


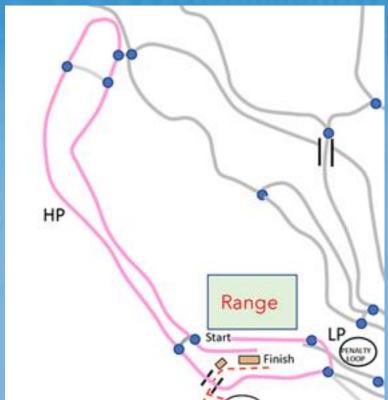
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1.28 KM STANDING/VI SPRINT COURSE



















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INFORMATION FROM THE TD/WPNS

















GENERAL INFORMATION FROM THE OC













