



JOIN US!
Mastens World Cup
CROSS-COUNTRY SKI
in CANADA'S ROCKY
MOUNTAINS!

See You In **CANMORE**
MASTERS WORLD CUP 2022

Team Captains Meeting
Tuesday, March 8, 2022



Agenda

Roll Call

Introduction of the OC and the Jury

Venue Overview

Timetable

Relay Information

Start Grid - Classic

Stadium

Courses

Course Preparation and Grooming

Ski testing and warming up

Weather Forecast

Information from the TD

Medical Exemptions

Information from the OC



Roll Call

- AUS
- AUT
- CAN
- DEN
- ESP
- EST
- FIN
- FRA
- GBR
- GER
- GRL
- IRL
- ITA
- NOR
- SLO
- SUI
- SWE
- TPE
- USA



Organizing Committee and Jury

LOC

Event Chair: Norbert Meier

OC Chair: Greg Thompson

Director of Competition: Dave Rees

Race Secretariat: Diana Kalef/Ali Stephen

Director of Communications & Marketing: Nancy Richard

Jury

TD: Claude Laramee

Director of Competition: Dave Rees

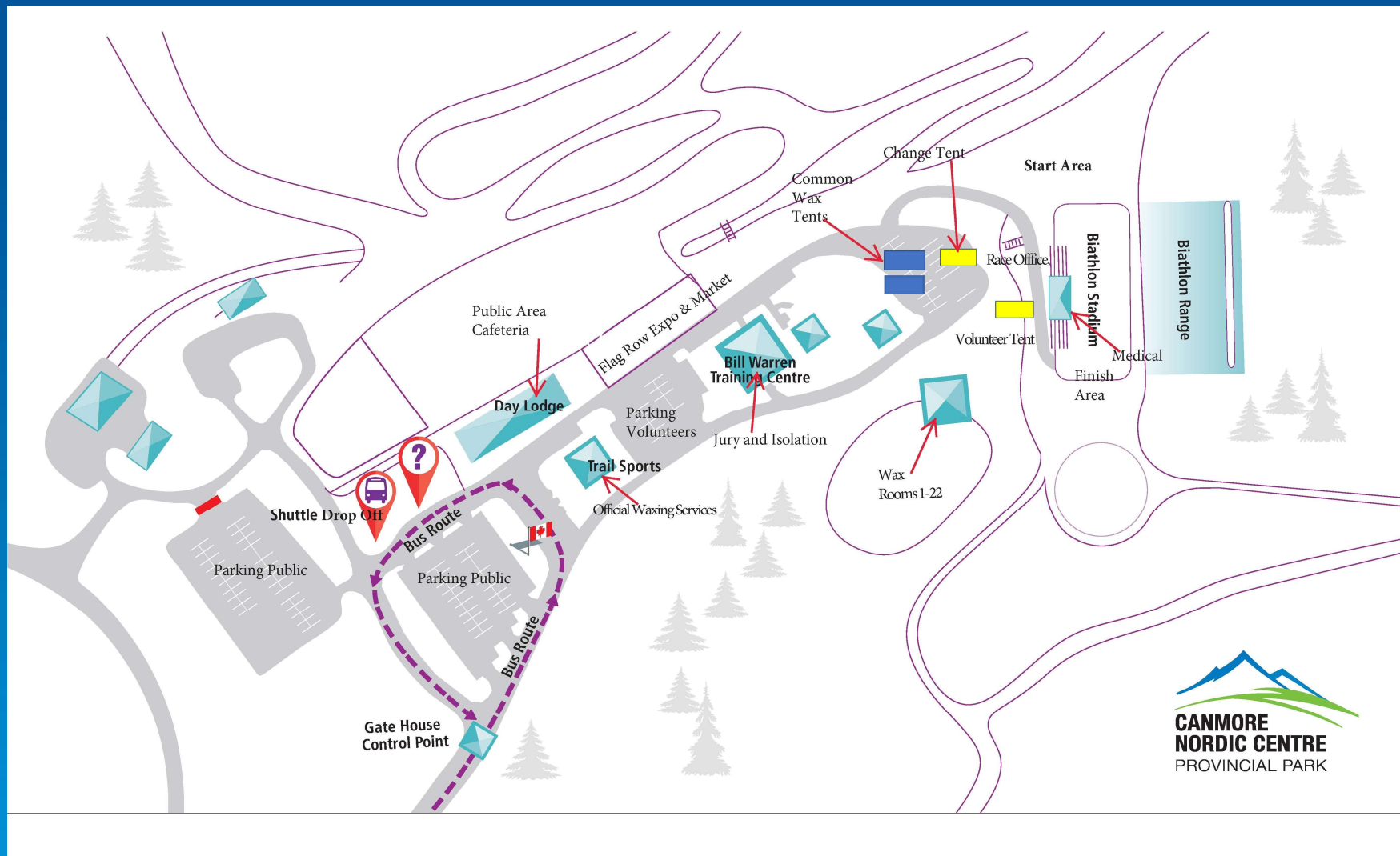
WMA President: John (JD) Downing

WMA ND: Andreas Dilleuth

OC Chair: Greg Thompson



Venue



Wednesday March 9 - Timetable

- M1-M6 09:00 (18)
- M7-M10 09:05 (15)

- F1-F5 10:40 (13)

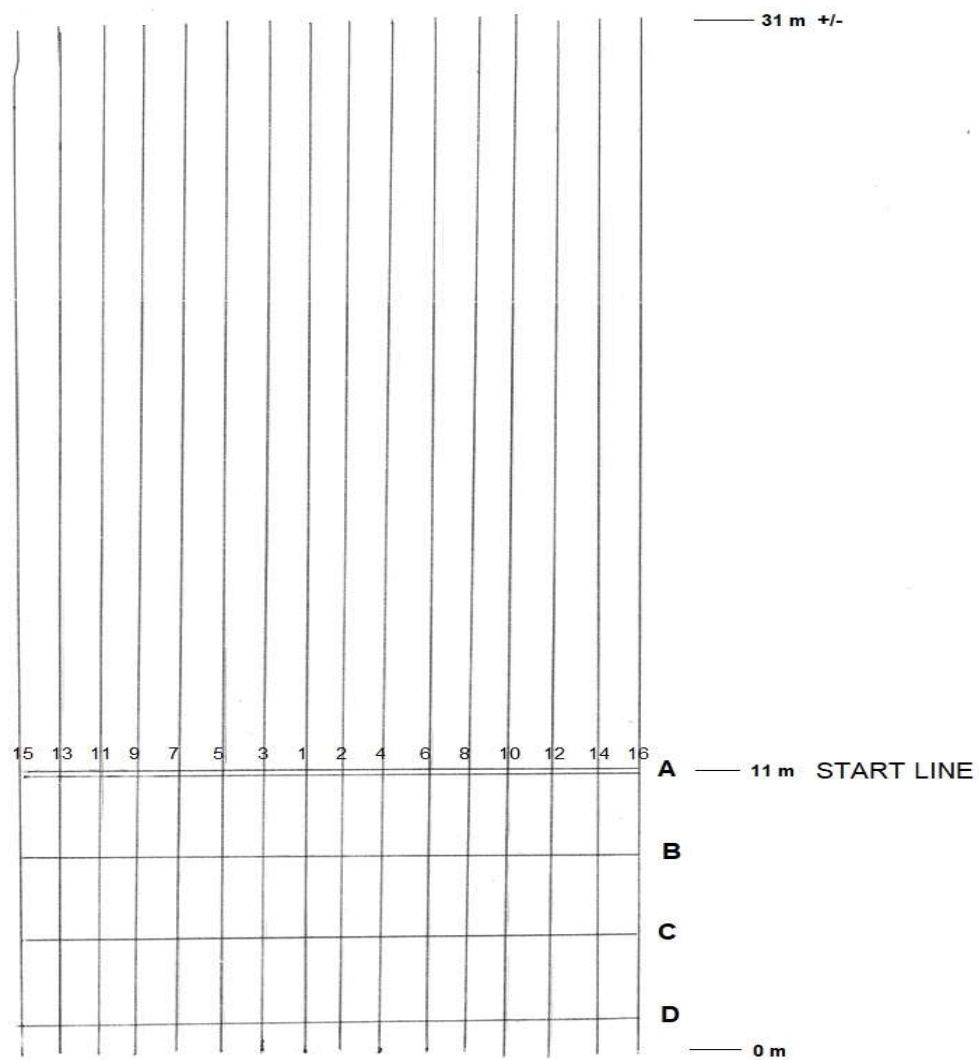


Wednesday March 9 Relay

- ND's can pick up the packages of bibs for your team at the race office in the morning – open at 7:30am
- Wear regular bib inside out and pin on relay number
- Please wear your chip – if chip turned in please pick up at Race Office
- Red, Green, Yellow, Blue
- Tag on the body

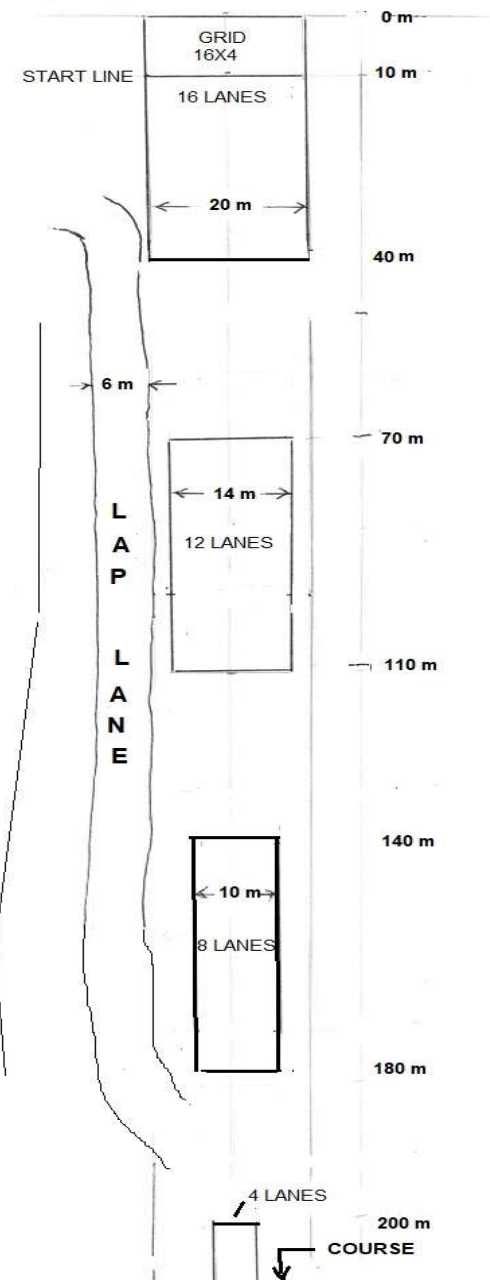


START GRID - FREE TECHNIQUE

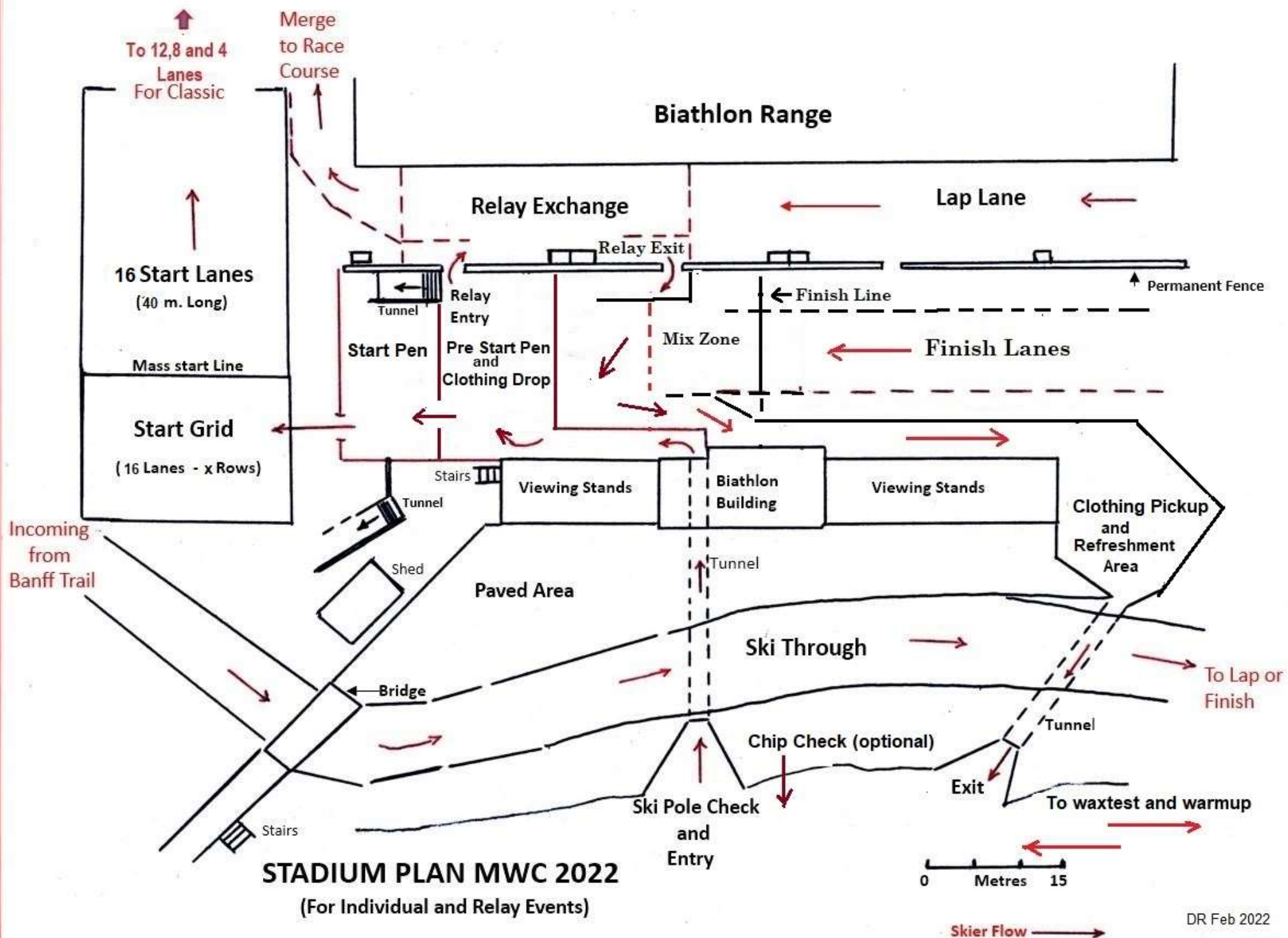


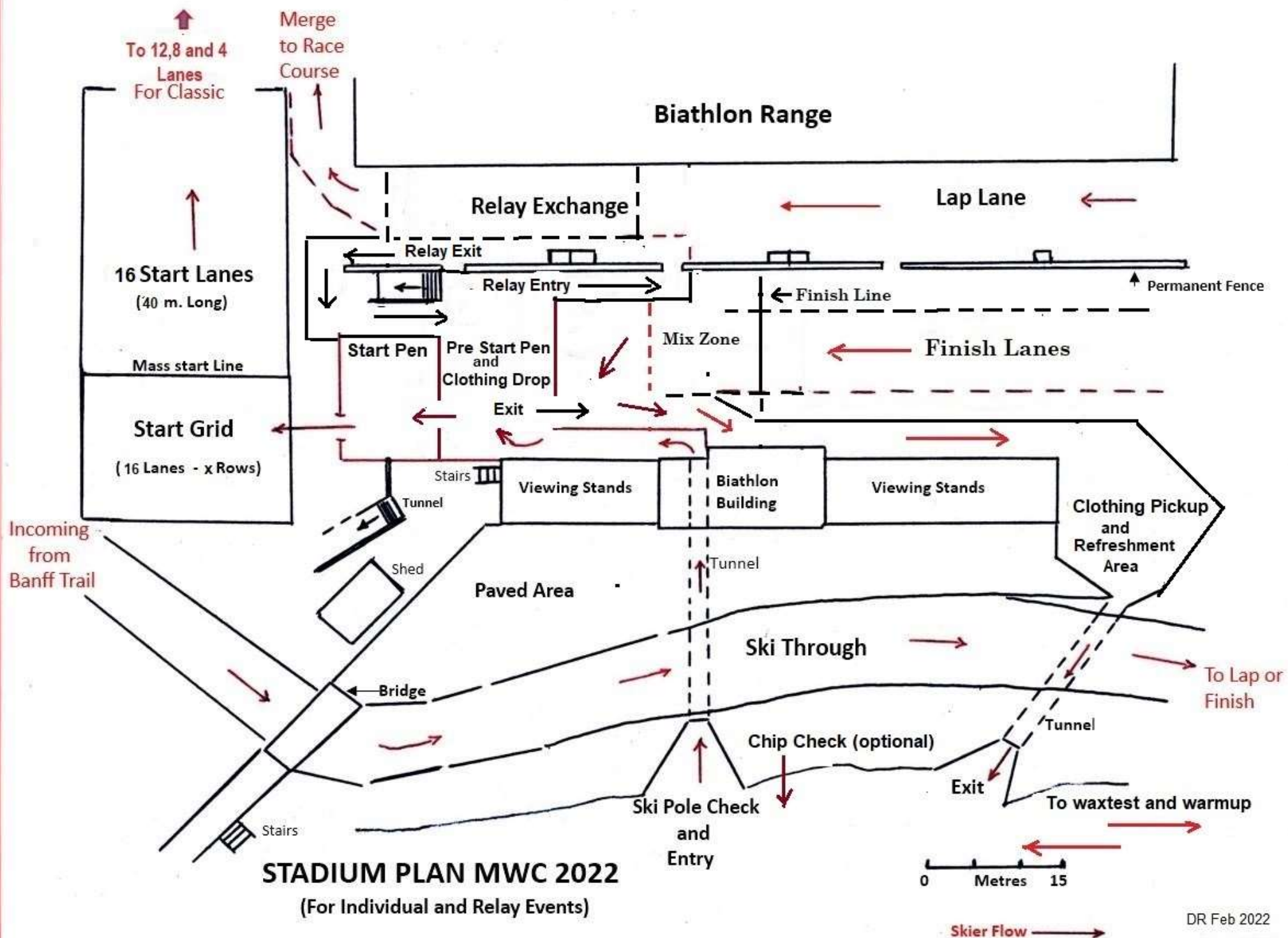
DR Mar 2022

START FORMAT
MWC 2022



DR Feb 19, 2022





5 KM RACE COURSE

TRAIL LEGEND

Trail Junction Numbers

Banff Avenue

Banff Loop

Salt Lake

Nagano

Meadowview

Olympic

King of Sweden

Centennial

Lillehammer

Albertan

Bow

Coyote

Bruin

Snowshoe Hare

Rundle

Freddie's Flip

Sarajevo

Chipmunk

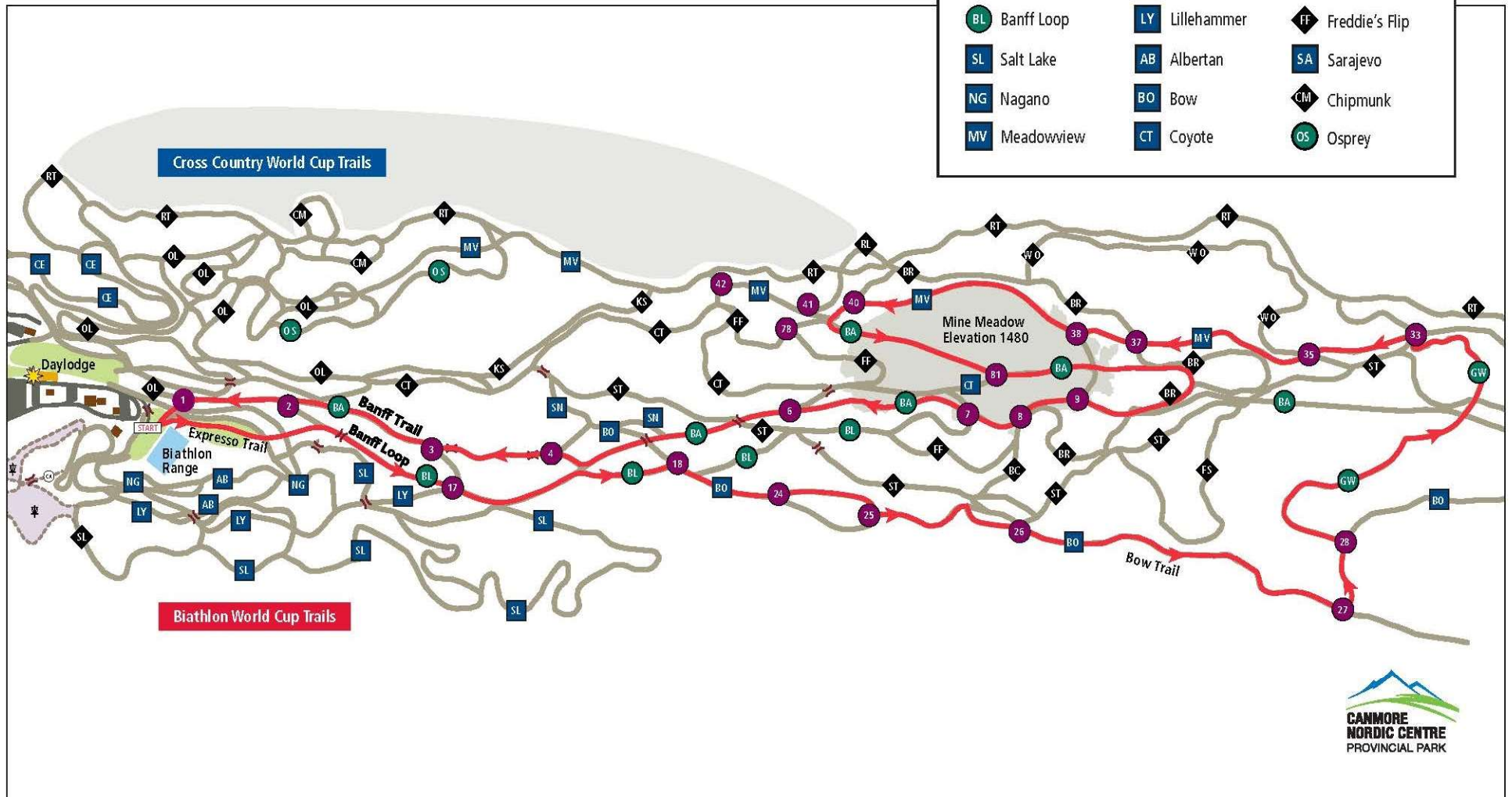
Osprey

Cross Country World Cup Trails

START

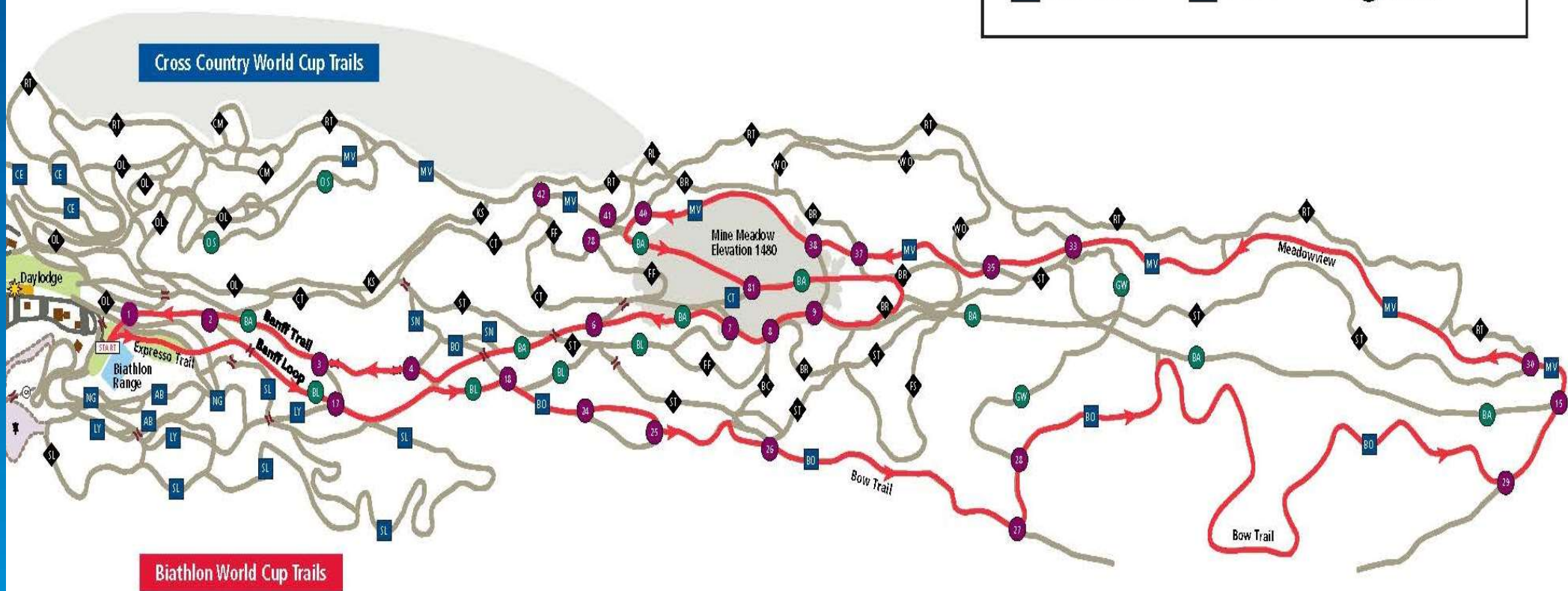
Biathlon World Cup Trails

10 KM RACE COURSE



15km - Course

BL Banff Loop	LY Lillehammer	FF Freddie's Flip
SL Salt Lake	AB Albertan	SA Sarajevo
NG Nagano	BO Bow	CM Chipmunk
MV Meadowview	CT Coyote	OS Osprey



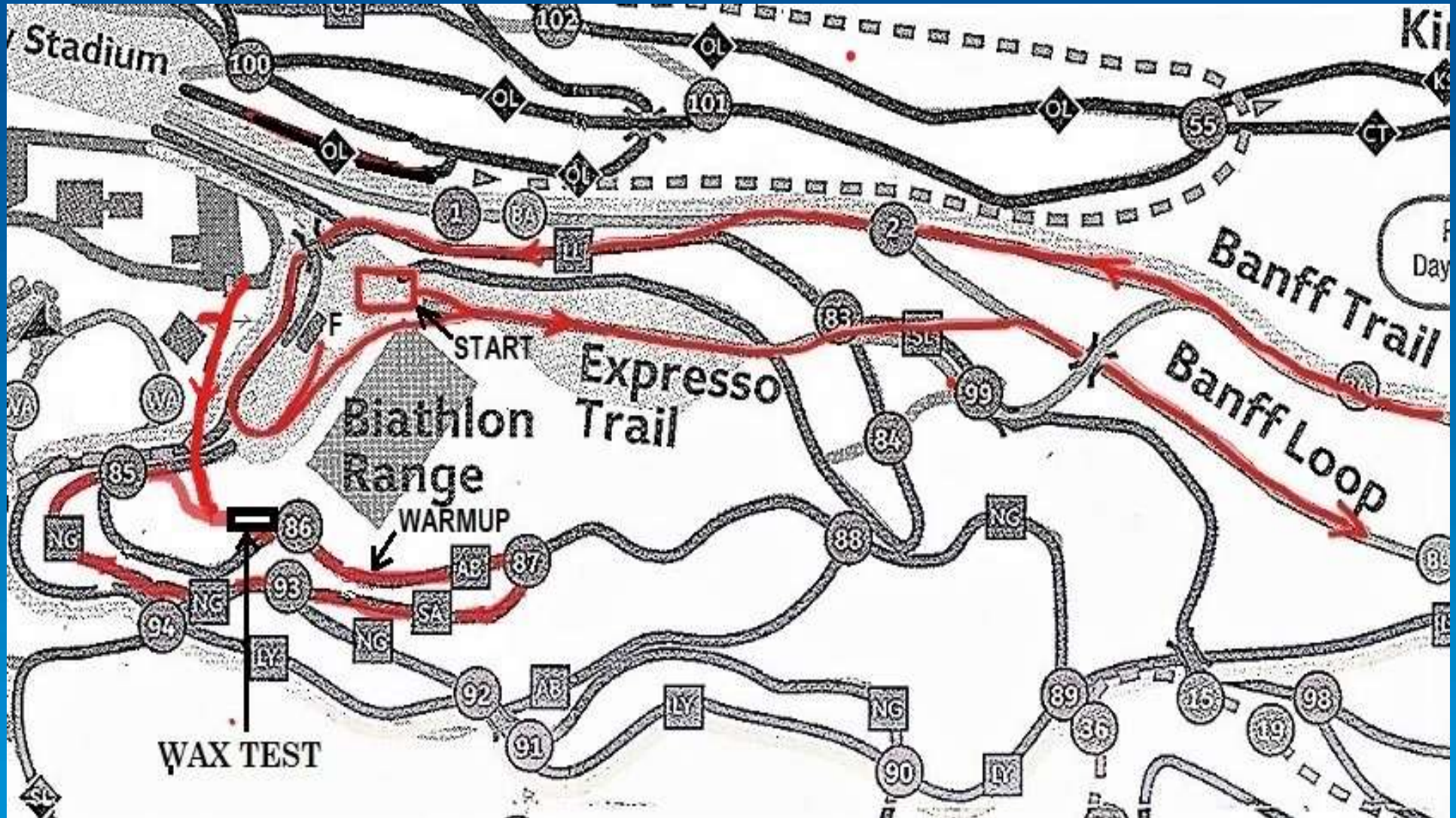
Course Preparation and Grooming

Groomed Tuesday night

Classic Track(s) and Skate Lane



Wax Test and Warmup



Feed/Aid Stations

Wednesday March 9

- No Aid Station

No designated feed zones for coaches

- if feeding athletes on courses please remove garbage



Weather Forecast

▼ Forecast

[Hourly Forecast](#)
[Alerts](#)
[Jet Stream](#)

Tue
8 Mar



-8°C

Periods of snow

Wed
9 Mar



-7°C

30%

Chance of flurries

Thu
10 Mar



-3°C

A mix of sun and cloud

Fri
11 Mar



5°C

Sunny

Sat
12 Mar



7°C

Sunny

Sun
13 Mar



3°C

A mix of sun and cloud

Mon
14 Mar



6°C

A mix of sun and cloud

Tonight



-18°C

Periods of snow

Night



-13°C

Clear

Night



-12°C

60%

Chance of flurries

Night



1°C

Clear

Night



-7°C

30%

Chance of flurries

Night



-5°C

Cloudy periods



Information from the TD

- Reminder about Technique Zone for Classic Skiers



Information from the OC

- Team Captains Meeting 4:00pm Wednesday March 9.
- Awards Ceremonies Wednesday @ 5:30pm Outdoors at the Canmore Civic Centre
- COVID Testing for departing athletes – please go to MWC2022.COM
- Day 3 Sizzle Reel

