



JOIN US!
Mastens World Cup
CROSS-COUNTRY SKI
in CANADA'S ROCKY
MOUNTAINS!

See You In **CANMORE**
MASTERS WORLD CUP 2022

Team Captains Meeting
Wednesday, March 9, 2022



Agenda

Roll Call

Introduction of the OC and the Jury

Venue Overview

Timetable

Start Grid - Free

Stadium

Courses

Course Preparation and Grooming

Ski testing and warming up

Feed/Aid Stations

Weather Forecast

Information from the TD

Information from the OC



Roll Call

- AUS
- AUT
- CAN
- DEN
- ESP
- EST
- FIN
- FRA
- GBR
- GER
- GRL
- IRL
- ITA
- NOR
- SLO
- SUI
- SWE
- TPE
- USA



Organizing Committee and Jury

LOC

Event Chair: Norbert Meier

OC Chair: Greg Thompson

Director of Competition: Dave Rees

Race Secretariat: Diana Kalef/Ali Stephen

Director of Communications & Marketing: Nancy Richard

Jury

TD: Claude Laramee

Director of Competition: Dave Rees

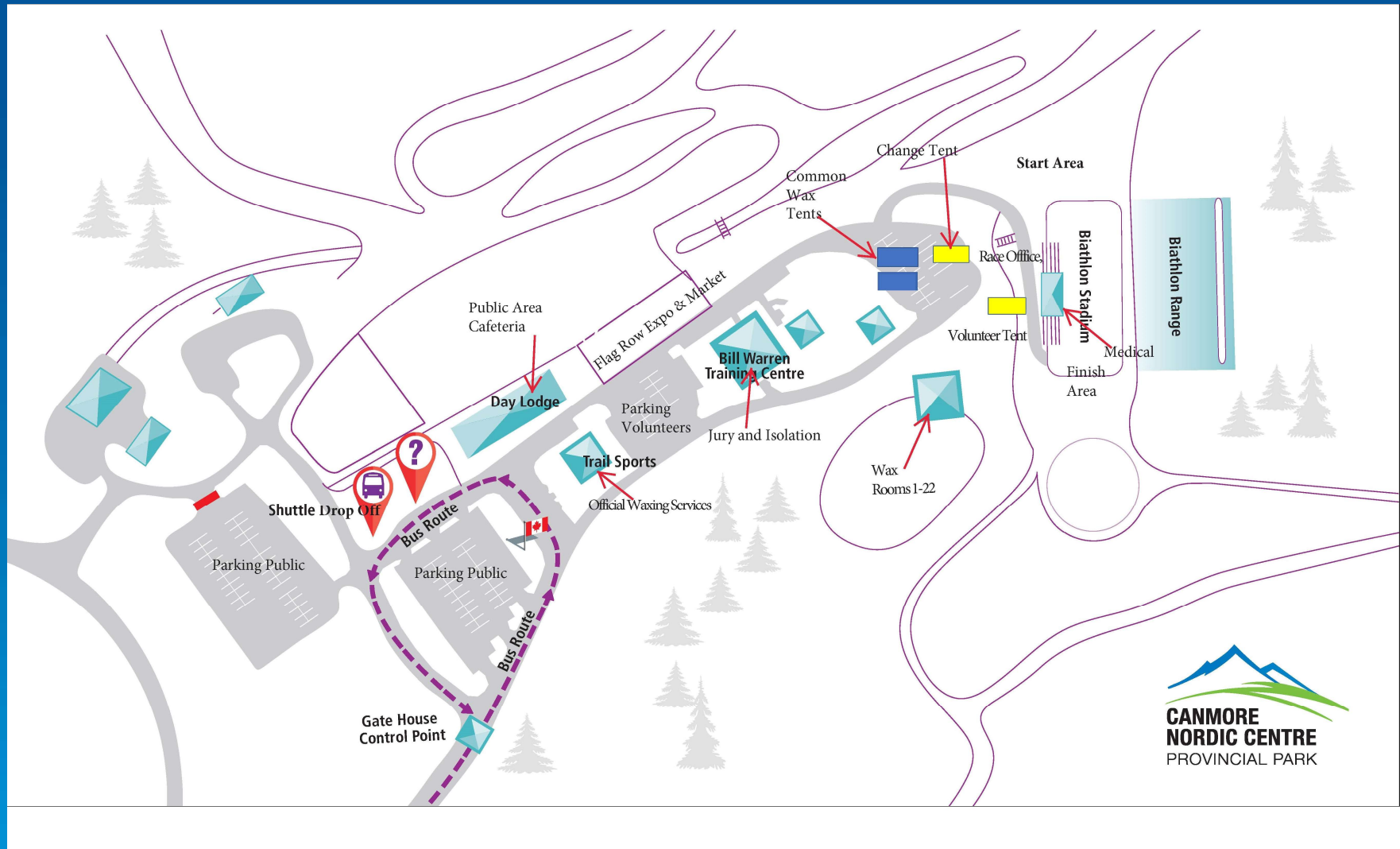
WMA President: John (JD) Downing

WMA ND: Andreas Dilleuth

OC Chair: Greg Thompson



Venue



**CANMORE
NORDIC CENTRE
PROVINCIAL PARK**

Day Six – Thursday March 10		
15 km free (3 x 5 km)		No. of entries
9:00	M10/M11	14/7 (21)
9:05	F09/F10/F11	11/6/1 (18)
30 km free (2 x 15 km)		No. of entries
9:15	M09	27
9:25	M08	39
9:35	M07	39
9:40	F08	9
9:45	F07	24
9:50	F06	17
9:55	F05	16
10:00	F04	13
10:05	F03	7
10:10	F02/F01	5/6 (11)
45 km free (3 x 15 km)		No. of entries
10:20	M06	15
10:25	M05	30
10:30	M04	15
10:35	M03	20
10:40	M02/M01	5/3 (8)

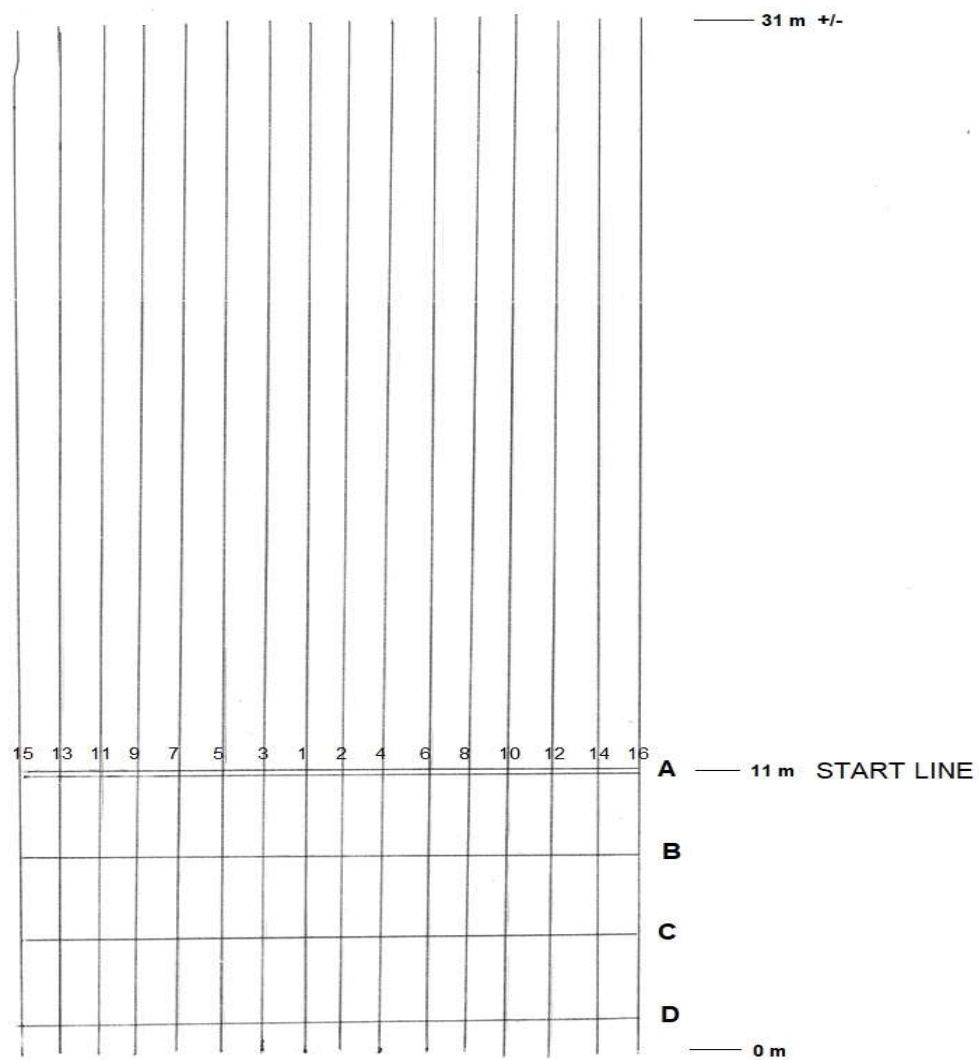


Wednesday March 9 Relay

- ND's can pick up the packages of bibs for your team at the race office in the morning – open at 7:30am
- Wear regular bib inside out and pin on relay number
- Please wear your chip – if chip turned in please pick up at Race Office
- Red, Green, Yellow, Blue
- Tag on the body

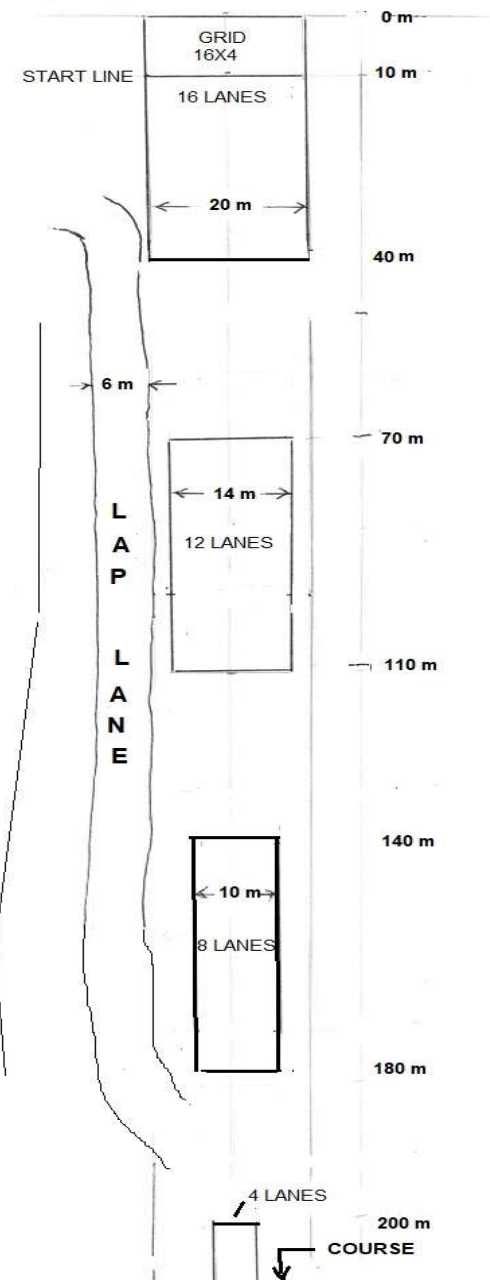


START GRID - FREE TECHNIQUE

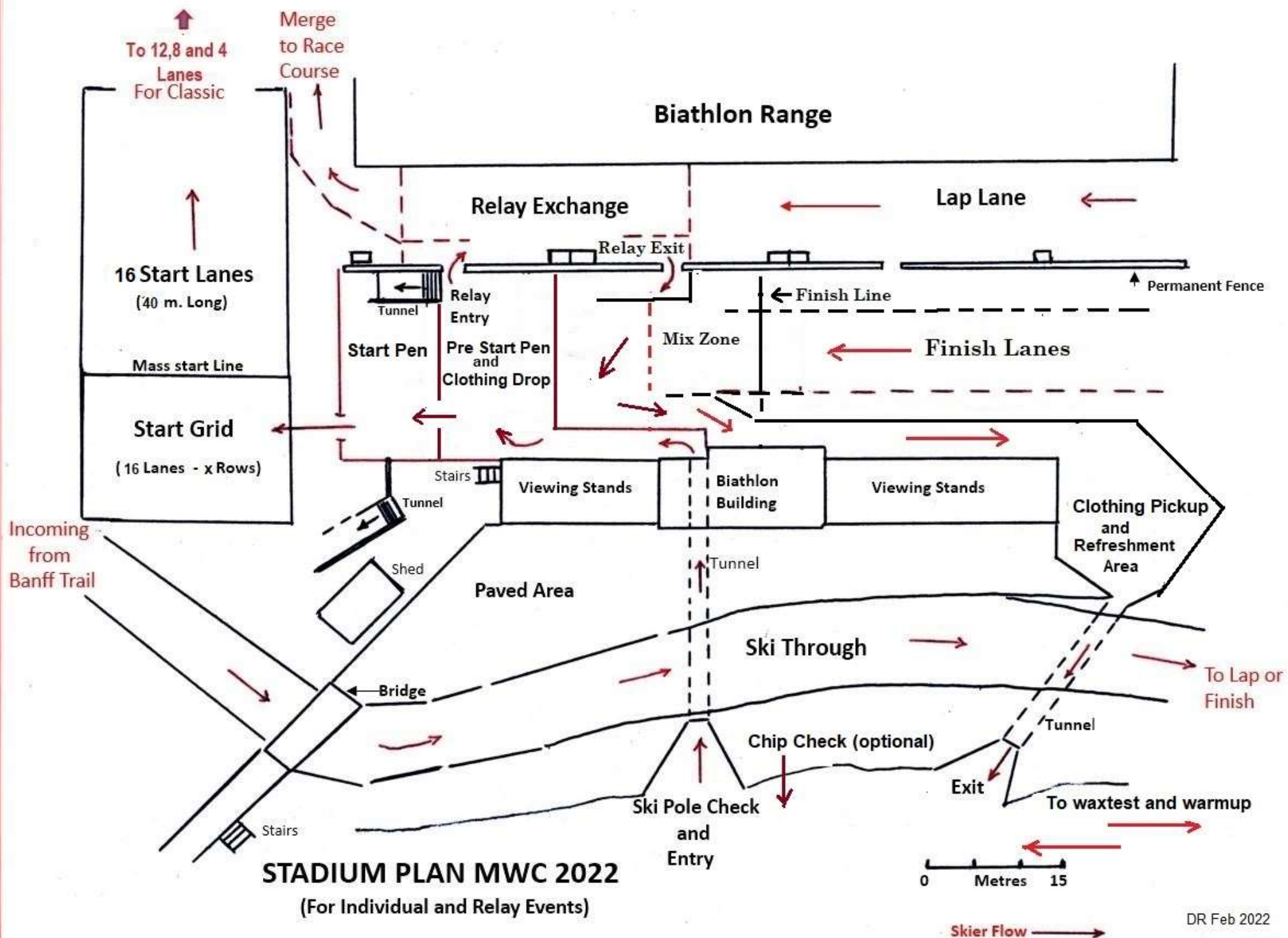


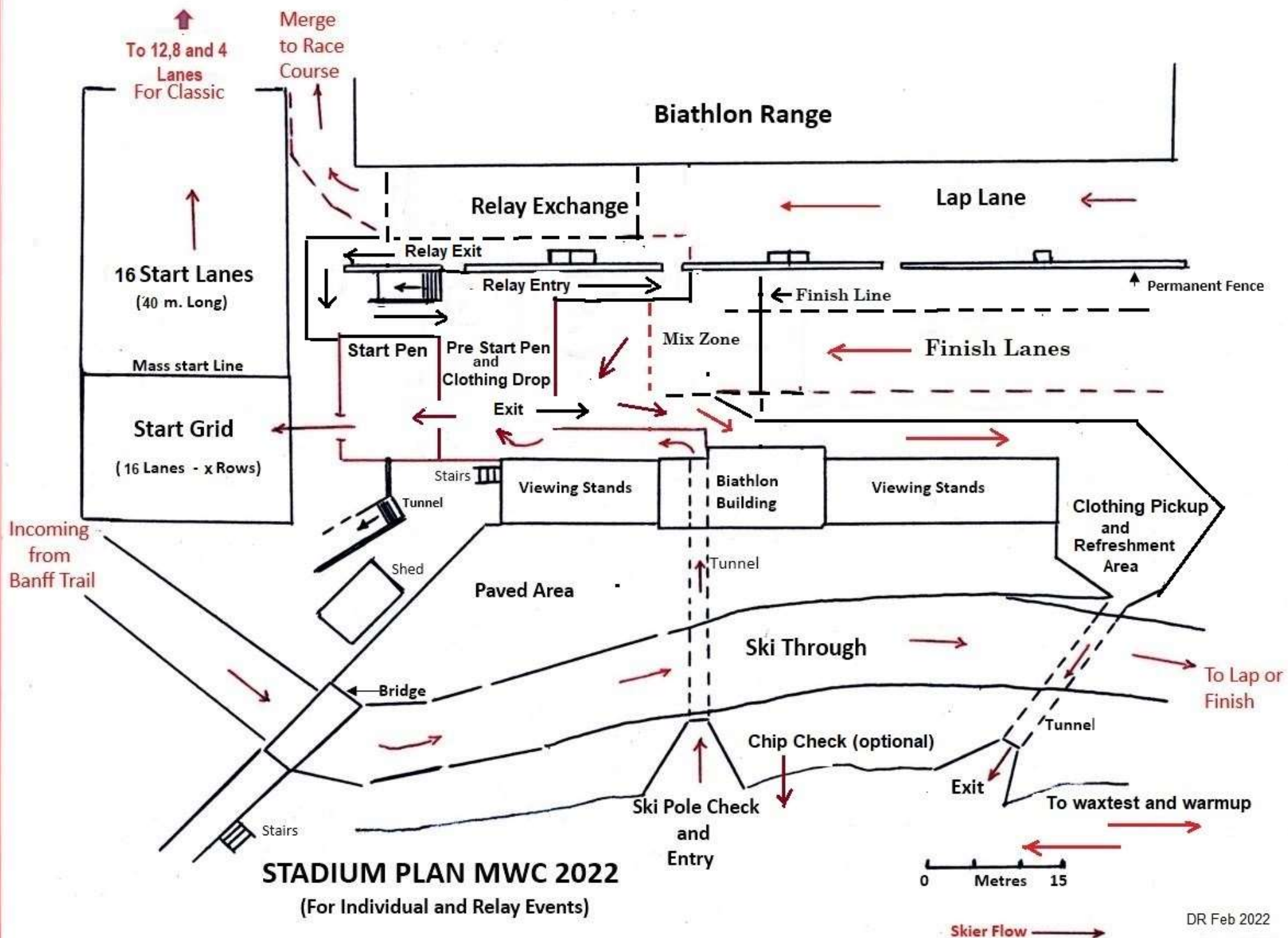
DR Mar 2022

START FORMAT
MWC 2022



DR Feb 19, 2022





5 KM RACE COURSE

TRAIL LEGEND

Trail Junction Numbers

Banff Avenue

Banff Loop

Salt Lake

Nagano

Meadowview

Olympic

King of Sweden

Centennial

Lillehammer

Albertan

Bow

Coyote

Bruin

Snowshoe Hare

Rundle

Freddie's Flip

Sarajevo

Chipmunk

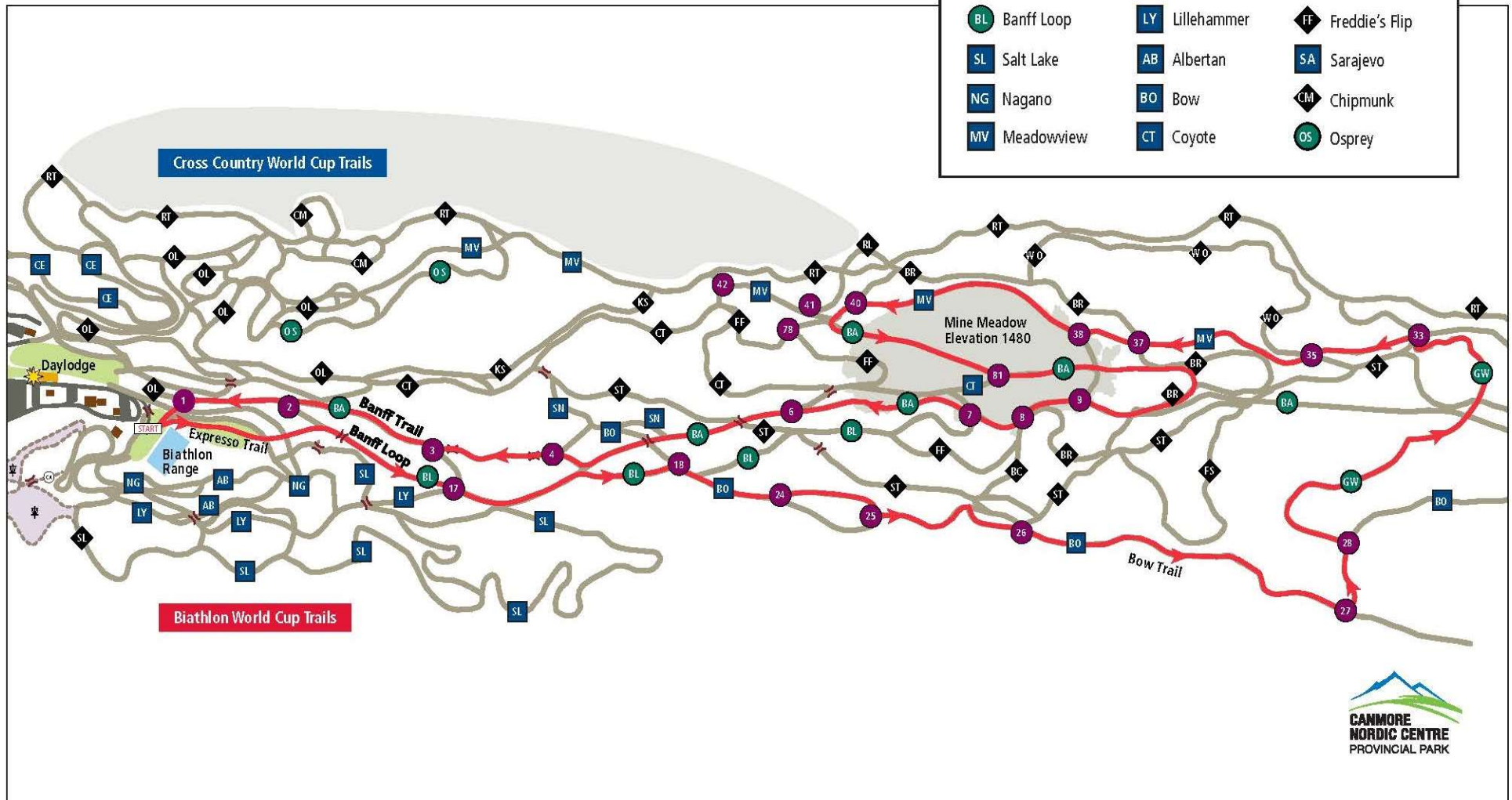
Osprey

Cross Country World Cup Trails

START

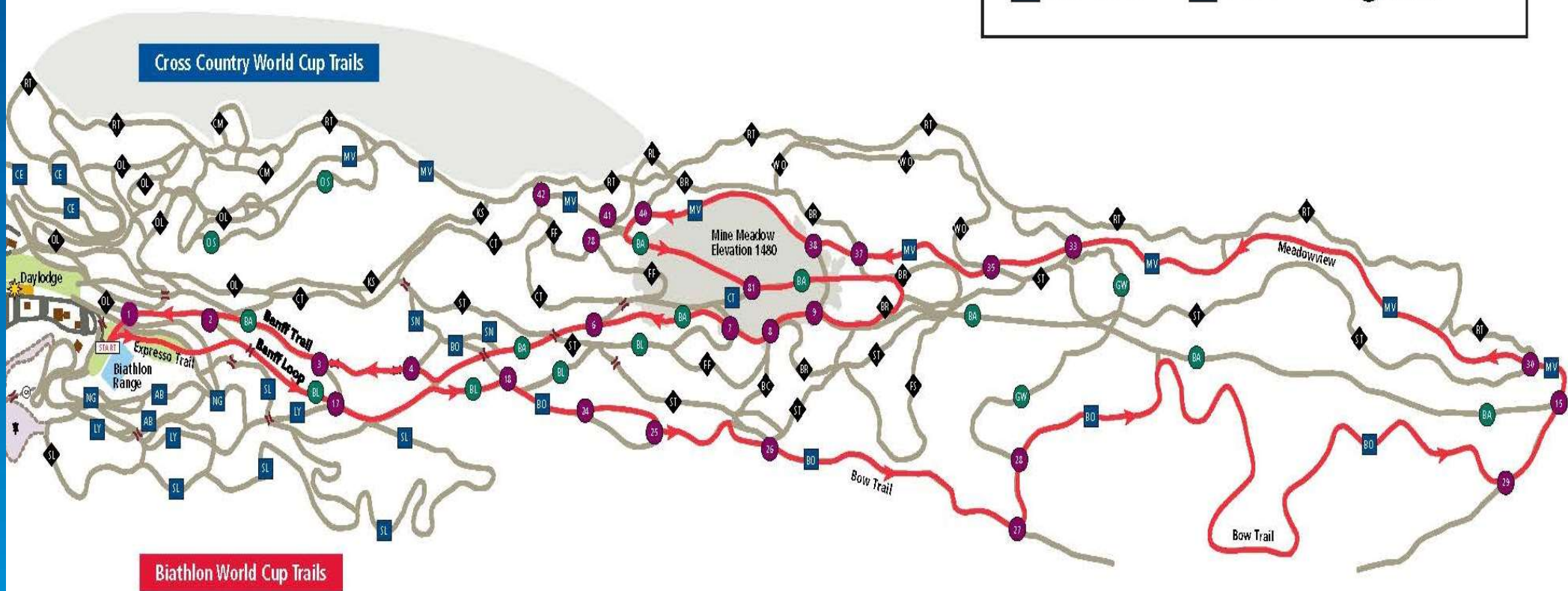
Biathlon World Cup Trails

10 KM RACE COURSE



15km - Course

BL Banff Loop	LY Lillehammer	FF Freddie's Flip
SL Salt Lake	AB Albertan	SA Sarajevo
NG Nagano	BO Bow	CM Chipmunk
MV Meadowview	CT Coyote	OS Osprey

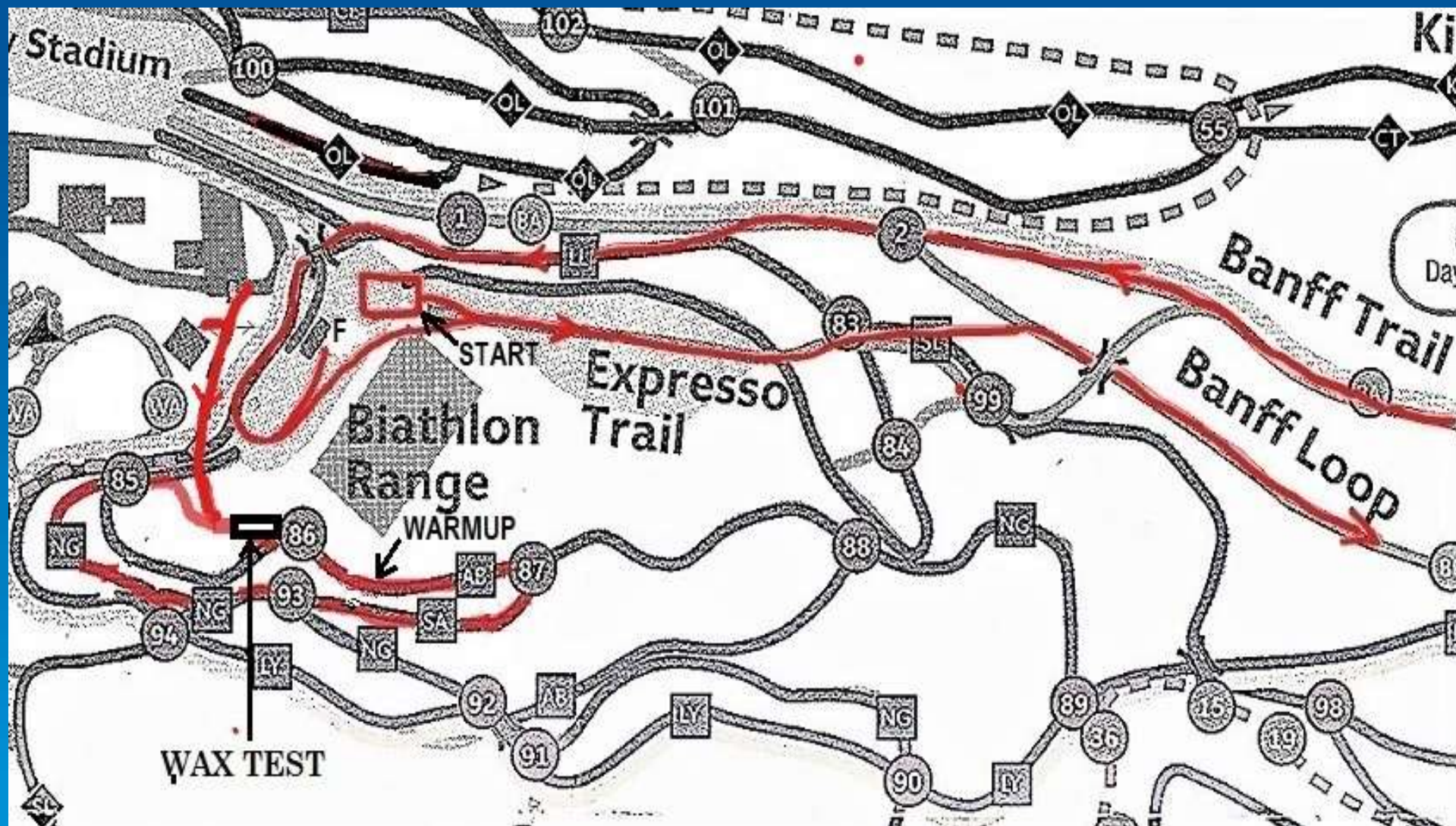


Course Preparation and Grooming

Groomed Wednesday night



Wax Test and Warmup



Feed/Aid Stations

Thursday March 10

- Feed/Aid Station on 15km at approximately 7km marker
- Feed/Aid Station in lap lane in stadium

No designated feed zones for coaches














- if feeding athletes on courses please remove garbage



Weather Forecast

▼ Forecast

[Hourly Forecast](#)
[Alerts](#)
[Jet Stream](#)

Wed 9 Mar	Thu 10 Mar	Fri 11 Mar	Sat 12 Mar	Sun 13 Mar	Mon 14 Mar	Tue 15 Mar
 -7°C Mainly sunny	 -4°C 60% Chance of flurries	 5°C Sunny	 6°C Sunny	 5°C 60% Chance of flurries	 6°C A mix of sun and cloud	 8°C A mix of sun and cloud
Tonight	Night	Night	Night	Night	Night	
 -12°C Partly cloudy	 -14°C Periods of snow	 -1°C Clear	 -1°C 60% Chance of rain showers or flurries	 -8°C Cloudy periods	 -2°C Cloudy periods	

▼ Forecast issued: 11:00 AM MST Wednesday 9 March 2022



Information from the TD



Information from the OC

- Team Captains Meeting 4:00pm Thursday March 10.
Please be there (Surprise awaits)
- Awards Ceremonies Wednesday @ 5:30pm Outdoors at
the Canmore Civic Centre
- COVID Testing for departing athletes – please go to
MWC2022.COM
- National Directors per diem – please speak to Greg about
Hotel you are staying in.

